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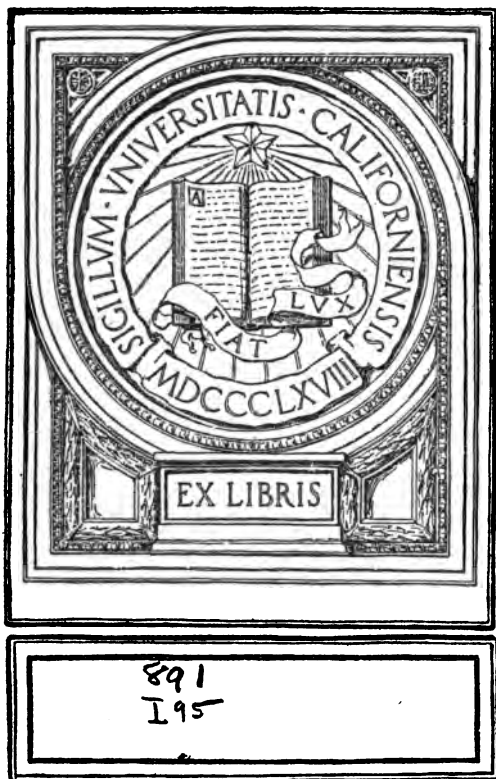
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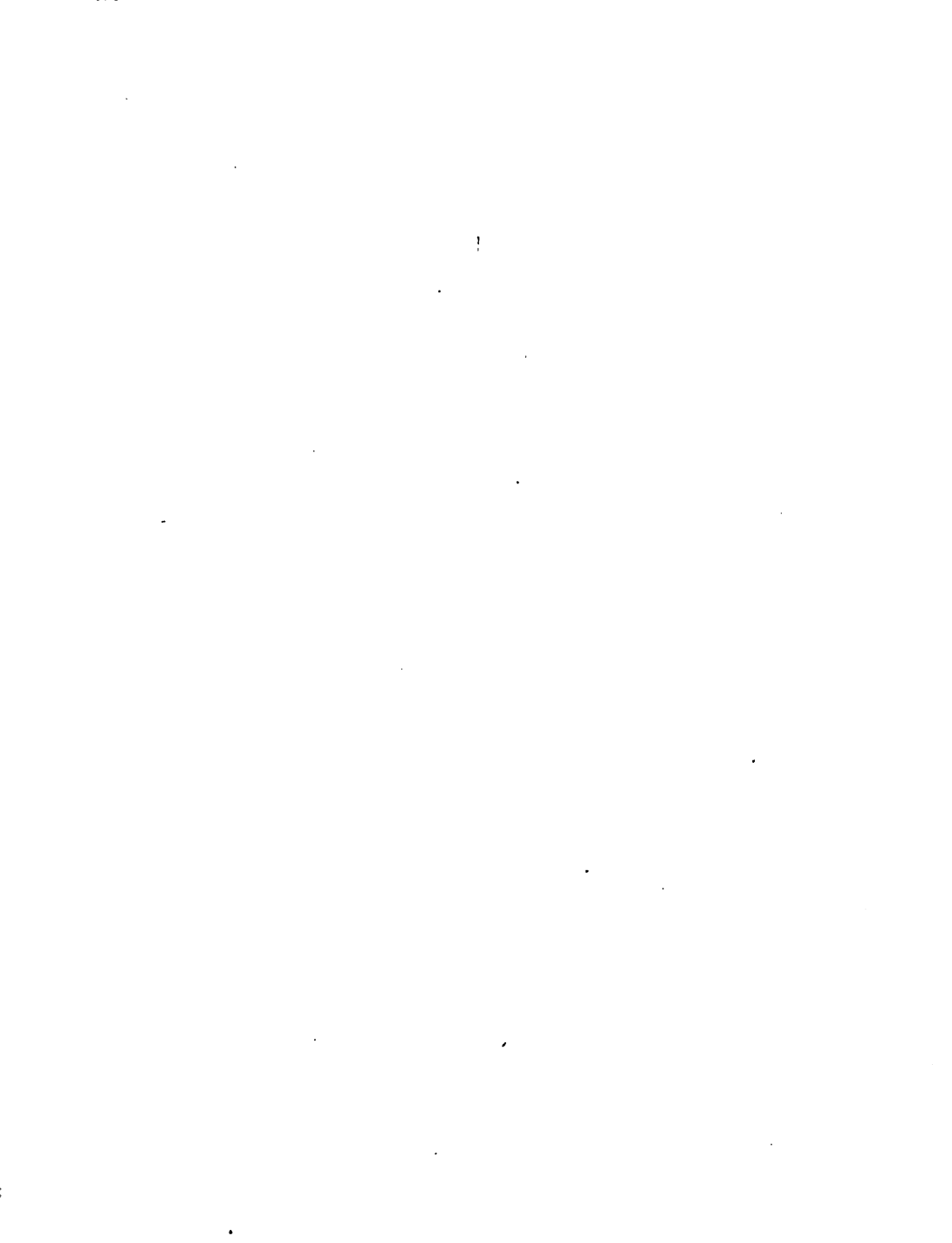
# ILLUSTRATED PHONICS

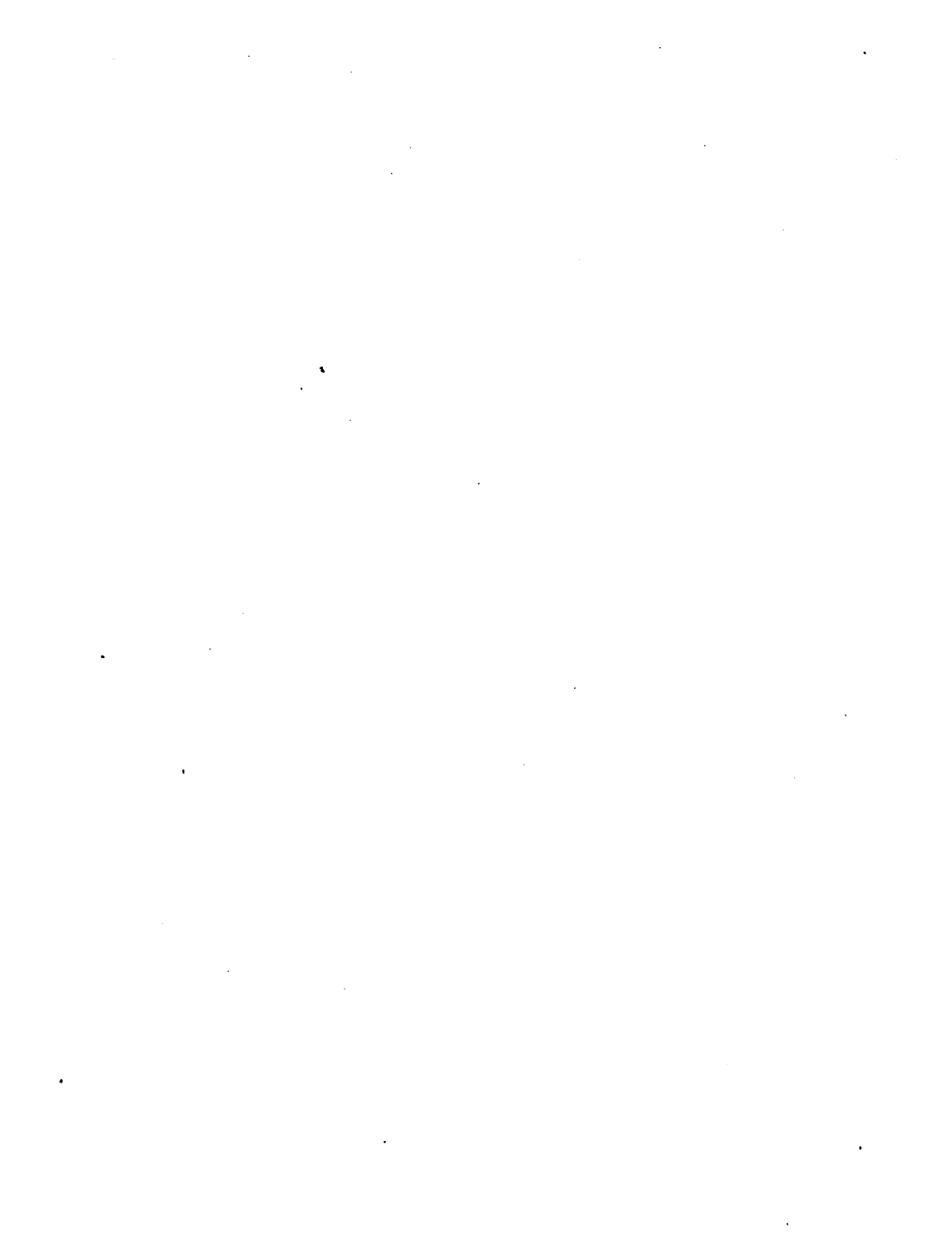


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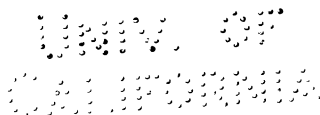




# ILLUSTRATED PHONICS

A TEXT-BOOK FOR SCHOOLS

BY  
M. I. IVES



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ABSTRACTO

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## PREFACE.

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THE success of an earlier text-book of phonics leads the author to believe that this book needs no apology. The theory and methods herein described and illustrated have been used with success in many of our public schools and by public speakers and have the hearty endorsement of many prominent school teachers and officials. These methods make use of the muscles of the diaphragm and abdomen, as an aid to the production of correct sound and purity of tone, thereby overcoming throaty and imperfect articulation.

School authorities are agreed as to the vital and growing importance of work of this kind. A large and increasing number of children pass through the schools without having learned the proper use of the organs of speech, — without having formed habits of correct enunciation, articulation, and pronunciation. This is especially true of children of foreign parentage, many of whom are preparing to be teachers.

This urgent need can be met only by the systematic use of a correct method, based on scientific principles, — such a method as it is the aim of this book to provide. A special feature of the method — the value of which has been proved by long and successful experience — is the use of appropriate motion exercises to accompany the utterance of the various sounds. Thus, an explosive sound is accompanied with an explosive gesture, a continuous sound with a long stretching



motion, syllables with clapping, accented syllables with accentuated clapping.

Such exercises not only interest the children, but they also serve as objective and tangible signs of the required action of the vocal organs. The use of pictures to show the proper positions of teeth, lips, tongue, etc., needs no comment.

The introduction pages of this book acquaint the pupil with motion exercises to be used in Part I, in connection with the utterance of vowel and consonant sounds. Added word drills furnish an application of the practiced sound.

Part II contains facial positions of the special sound to be practiced. Exercises are given for the combining of vowels and consonants with the proper motion exercises. These are helpful and interesting to the pupil as well as valuable in gaining flexibility and firmness in utterance and positively improving enunciation, articulation, and pronunciation.

In Part III practice words are added for advanced work with further application.

M. I. I.

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### *Order of Arrangement.*

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## INTRODUCTION.

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### MOTION EXERCISES USED WITH THE SHORT VOWELS IN PART I.



POSITION 1.



POSITION 2.

#### ***SHORT STRETCHING EXERCISE.***

This exercise is to be used when giving the sounds of all the short vowels: *a, e, i, o, u*, and *y* when a vowel.

Take position as in Fig. 1. As sounds are uttered, quickly draw hands apart to position in Fig. 2. This gives the abrupt or expulsive sound and assists the pupil to bring into play the muscles of the diaphragm as well as the abdomen, thus overcoming the tendency toward throaty tones.

## MOTION EXERCISES USED WITH LONG VOWELS IN PART I.



POSITION 1.



POSITION 2.

### *LONG STRETCHING EXERCISE.*

This exercise is to be used when giving the sounds of all the long vowels: *a*, *e*, *i*, *o*, *u*, and *y* when a vowel.

Take Position 1. As sounds are uttered, slowly draw hands apart to Position 2. This method differs from that for short vowels as the sound is more slowly given.

NOTE.—No one need suffer from weak, sore throats if the exercises given in this book are practiced regularly. Do not pitch the voice too high for these sounds.

**MOTION EXERCISES.**

POSITION 1.



POSITION 2.

***PUSHING EXERCISE.***

This exercise is to be used in giving the sounds of the following letters: *h, f, r, s, v, w, y, z, ä, a, ç, j, ġ.*

Place hands as in Position 1, pushing them forward into Position 2 as the breath is sent forth or the sound is uttered.

The aim of this exercise is to assist in projecting sounds and words and overcoming faulty habits of articulation and pronunciation. It brings into play the muscles of the diaphragm and abdomen, thus overcoming the tendency toward nasal twang and harsh, throaty tones.

NOTE. — Do not pitch the voice too high for these sounds.

**MOTION EXERCISES.**

POSITION 1.



POSITION 2.

***EXERCISE FOR THE PALATAL SOUNDS.***

This exercise is to be used in sounding *c* and *g* (hard) *k*, *y*. Take position as in Fig. 1. As sounds are uttered, push hand forward into Position 2, as in picture. Right and left hands may be used alternately.

A good supply of breath is necessary for these palatal sounds.

**MOTION EXERCISES.**

POSITION 1.



POSITION 2.

**LIFTING EXERCISE.**

This exercise is to be used when giving the sounds of the following letters: *l*, *m*, and *n*.

Place hands in Position 1, and as sound is uttered, raise arms to Position 2.

With the lifting exercise, the pupil sees that the tongue is lifted with the motion of the arms upward. With *n*, the exercise shows that the breath is vocalized through the nostrils.



**MOTION EXERCISES.**

POSITION 1.



POSITION 2.

***POUNDING EXERCISE.***

This exercise is to be used when giving the sounds of the following letters: *b, d, p, t*.

Place hands in Position 1, and as sound is uttered, bring one hand down with force to Position 2, as if in the act of pounding. Alternate the hands in continuing the exercise.

The aim of this exercise is to call attention to the abrupt or explosive sounds of the above letters.

## PART I.

---

### SHORT VOWEL SOUND.

ă



POSITION 1.



POSITION 2.

#### *SHORT STRETCHING EXERCISE.*

Use this short stretching exercise while uttering the short sound of letter *a*. Draw hands quickly apart from Position 1 into Position 2, showing the explosive sound.

NOTE. — Do not pitch the voice too high for these sounds.

ă

at

**LONG VOWEL SOUND.**

ā



POSITION 1.



POSITION 2.

***LONG STRETCHING EXERCISE.***

Use this long stretching exercise while uttering the long sound of letter *a*. Shorten the closing sound of this letter.

Draw hands slowly apart from Position 1 into Position 2, showing the continuous or long sound of the vowel.

NOTE. — Do not pitch the voice too high for these sounds.

ā

ate

**SHORT VOWEL SOUND.**

ě



POSITION 1.



POSITION 2.

***SHORT STRETCHING EXERCISE.***

Use this short stretching exercise while uttering the short sound of letter *e*.

Draw hands quickly apart from Position 1 into Position 2, showing the abrupt or explosive sound of the vowel.

NOTE. — Do not pitch the voice too high for these sounds.

ě

egg

**LONG VOWEL SOUND.**

**e**



POSITION 1.



POSITION 2.

***LONG STRETCHING EXERCISE.***

Use this long stretching exercise while uttering the long sound of letter *e*.

Draw hands slowly apart from Position 1 to Position 2, showing the continuous or long sound of the vowel.

**NOTE.** — Do not pitch the voice too high for these sounds.

**e**

**eel**

## SHORT VOWEL SOUND.

ĩ



POSITION 1.



POSITION 2.

*SHORT STRETCHING EXERCISE.*

Use this short stretching exercise while uttering the short sound of letter *i*.

Draw hands quickly apart from Position 1 into Position 2, showing the abrupt or explosive sound of the vowel.

NOTE. — Do not pitch the voice too high for these sounds.

ĩ

it

## LONG VOWEL SOUND.

ī



POSITION 1.



POSITION 2.

**LONG STRETCHING EXERCISE.**

Use this long stretching exercise while uttering the long sound of letter *i*. (Shorten *closing* sound of this letter.)

Draw hands slowly apart from Position 1 into Position 2, showing the continuous or long sound of the vowel.

**NOTE.** — Do not pitch the voice too high for these sounds.

ī

ice

**SHORT VOWEL SOUND.**

ō



POSITION 1.



POSITION 2.

***SHORT STRETCHING EXERCISE.***

Use this short stretching exercise while uttering the short sound of letter *o*.

Draw hands quickly apart from Position 1 into Position 2, showing the abrupt or explosive sound of the vowel.

**NOTE.** — Do not pitch the voice too high for these sounds.

ō

off



**LONG VOWEL SOUND.****ō****POSITION 1.****POSITION 2.*****LONG STRETCHING EXERCISE.***

Use this long stretching exercise while uttering the long sound of letter *o*.

Draw hands slowly apart from Position 1 into Position 2, showing the continuous or long sound of the vowel.

**NOTE.** — Do not pitch the voice too high for these sounds.

**ō****oak**

**SHORT VOWEL SOUND.**

ū



POSITION 1.



POSITION 2.

***SHORT STRETCHING EXERCISE.***

Use this short stretching exercise while uttering the short sound of letter *u*.

Draw hands quickly apart from Position 1 into Position 2, showing the abrupt or explosive sound of the vowel.

NOTE. — Do not pitch the voice too high for these sounds.

ū

us

**LONG VOWEL SOUND.****ū****POSITION 1.****POSITION 2.*****LONG STRETCHING EXERCISE.***

Use this long stretching exercise while uttering the long sound of letter *u*.

Draw hands slowly apart from Position 1 into Position 2, showing the continuous or long sound of the vowel.

**NOTE.** — Do not pitch the voice too high for these sounds.

**ū****use**

**BREATHING FOR LETTER *h*.**

# h

**POSITION 1.****POSITION 2.*****PUSHING EXERCISE.***

Use this pushing exercise with the expulsion of the breath for the letter *h*, pushing hands forward at the same time from Position 1 to Position 2 as the breath is sent forth.

# h

# hat

**PALATE SOUND.****k** like **€** hard**POSITION 1.****POSITION 2.*****EXERCISE FOR THE PALATE SOUND.***

Place the hand in front of the throat as in Position 1, showing that the sound is made by the aid of the palate. As sound is uttered, push hand forward to Position 2, "exploding the aspiration against the palate."

A good supply of the breath is necessary for this sound.

**k**                      **kite**

**PALATE SOUND.****œ** hard like **k****POSITION 1.****POSITION 2.*****EXERCISE SHOWING PALATE SOUND.***

Place the hand in front of the throat as in Position 1, showing that the sound is made by the aid of the palate. As sound is uttered, push hand forward to Position 2, "exploding the aspiration against the palate."

A good supply of the breath is necessary for this sound.

**œ**      **cat**

**PALATE SOUND.**|  
gg

POSITION 1.



POSITION 2.

***EXERCISE FOR PALATE SOUND.***

Place the hand in front of the throat as in Position 1, showing that the sound is made by the aid of the palate. As sound is uttered, push hand forward into Position 2. This sound is uttered by an explosive effort in the back part of the throat or against the palate; the back part of the tongue must press against the palate.

|  
gg

gun

**PALATE SOUND.****y****POSITION 1.****POSITION 2.*****EXERCISE SHOWING THIS IS A PALATE SOUND.***

Place the hand in front of throat as in Position 1, showing that the sound is made in the throat in front of the palate. As sound is uttered, push hand forward to Position 2.

**y****yet**



## VOWEL SOUND.

à



POSITION 1.



POSITION 2.

***SHORT STRETCHING EXERCISE.***

Use this short stretching exercise while uttering the sound of letter a like à in àsk.

Draw hands quickly apart from Position 1 into Position 2, showing the abrupt or explosive sound of the vowel.

NOTE. — Do not pitch the voice too high for these sounds.

à

àsk

**NASAL OR NOSE SOUND.****n****POSITION 1.****POSITION 2.*****LIFTING EXERCISE.***

Use this lifting exercise while uttering the sound of letter *n*. Place hands in Position 1, and as the sound is uttered, raise arms to Position 2 as in picture. This exercise will show that the breathing is vocalized through the nose in giving the sound of letter *n*, as the hands are lifted upward.

**n****net**

**NASAL SOUND.****ng****POSITION 1.****POSITION 2.*****EXERCISE FOR ng.***

Place the hand in front of throat as in Position 1. As sound is uttered push hand forward into Position 2.

**ng****sing**

**NASAL SOUND.** (n like *ng*, as n in *ink*.)

n like *ng*



POSITION 1.



POSITION 2.

***EXERCISE FOR n BEFORE k, LIKE ng.***

Place the hand in front of throat as in Position 1. As sound is uttered push hand forward into Position 2.

NOTE. — n like *ng* for *n* before the sound of *k* or hard *g* as in *bank*, *linger*, etc.

n      ink

VOWEL SOUND OF *a* (ITALIAN).

ä



POSITION 1.



POSITION 2.

***PUSHING EXERCISE.***

Use this pushing exercise while uttering the sound of letter *ä* (Italian). Place hands in Position 1, pushing them forward into Position 2. The aim of this exercise is to assist in projecting the proper sound. It brings into play the muscles of the diaphragm and abdomen.

NOTE. — Do not pitch the voice too high for these sounds.

ä

arm

**TONGUE SOUND.****l****POSITION 1.****POSITION 2.*****LIFTING EXERCISE.***

Use this lifting exercise while uttering the sound of letter *l*. Place hands in Position 1, and as the sound is uttered raise arms to Position 2 as in picture. This exercise will show that the hands as well as the tongue are lifted upward while in the act of uttering the sound of the letter *l*.

**l**

lap

**TONGUE SOUND.****r****POSITION 1.****POSITION 2.*****PUSHING EXERCISE.***

Use this pushing exercise while uttering the sound of letter *r*. Place hands in Position 1, pushing them forward into Position 2. The aim of this exercise is to assist in projecting the sound.

**r****rat**

THE SOUND OF *a* (BROAD).*a*

POSITION 1.



POSITION 2.

*PUSHING EXERCISE.*

Use this pushing exercise while uttering the sound of *a* broad. Place hands in Position 1, pushing them forward into Position 2. The aim of this exercise is to assist in projecting the proper sound of the letter. It brings into play the muscles of the diaphragm and abdomen.

NOTE. — Do not pitch the voice too high for these sounds.

*a*

all



VOWEL SOUND. (*a* like short *o*).

*a*



POSITION 1.



POSITION 2.

***SHORT STRETCHING EXERCISE.***

Use this short stretching exercise while uttering the sound of letter *a* like *a* in *was*.

Draw hands quickly apart from Position 1 into Position 2, showing the abrupt or explosive sound of the vowel.

*a*

*was*

**TEETH SOUND.****t****POSITION 1.****POSITION 2.*****POUNDING EXERCISE.***

Use this pounding exercise while uttering the sound of letter *t*. Place hand in Position 1, and as the sound is uttered bring the hand down with force into Position 2, as if in the act of pounding. The aim of this exercise is to call attention to the explosive (breath) sound of the letter.

**t****tent**

**TEETH SOUND.****d****POSITION 1.****POSITION 2.*****POUNDING EXERCISE.***

Use this pounding exercise while uttering the sound of letter *d*. Place hand in Position 1, and as the sound is uttered bring the hand down with force into Position 2, as if in the act of pounding. The aim of this exercise is to call attention to the abrupt or explosive sound of the letter.

**d****dog**

## TEETH SOUND.

ch



POSITION 1.



POSITION 2.

***PUSHING EXERCISE.***

Use this pushing exercise while uttering sound of letters *ch*. Place the hands in Position 1, pushing them forward into Position 2. The aim of this exercise is to assist in projecting the breath. It brings into play the muscles of the diaphragm and abdomen.

ch

chest

**TEETH SOUND.**

j like soft g



POSITION 1.



POSITION 2.

***SHORT PUSHING EXERCISE.***

Use this pushing exercise while uttering sound of letter *j*. Place the hands in Position 1, pushing them forward into Position 2. The aim of this exercise is to assist in projecting the sound. It brings into play the muscles of the diaphragm and abdomen.

j                  jet

**TEETH SOUND.**

**ġ** soft like **j**



**POSITION 1.**



**POSITION 2.**

***SHORT PUSHING EXERCISE.***

Use this pushing exercise while uttering sound of letter **ġ** soft. Place the hands in Position 1, pushing them forward into Position 2. The aim of this exercise is to assist in projecting the sound. It brings into play the muscles of the diaphragm and abdomen.

**ġ**

**gem**

**TEETH SOUND.****S** like Ç**POSITION 1.****POSITION 2.*****PUSHING EXERCISE.***

Use this pushing exercise while uttering the sound of letter *s* or *c* soft. Place hands in Position 1, pushing them forward into Position 2. The aim of this exercise is to assist in projecting the breath. It brings into play the muscles of the diaphragm and abdomen.

**S****sun**

**TEETH SOUND.****C** soft like **S**

POSITION 1.



POSITION 2.

***PUSHING EXERCISE.***

Use this pushing exercise while uttering the sound of letter *c* soft or *s*. Place hands in Position 1, pushing them forward into Position 2. The aim of this exercise is to assist in projecting the breath. It brings into play the muscles of the diaphragm and abdomen.

**ç** cent



**TEETH SOUND.****Z****POSITION 1.****POSITION 2.*****PUSHING EXERCISE.***

Use this pushing exercise while uttering the sound of letter z. Place hands in Position 1, pushing them forward into Position 2. The aim of this exercise is to assist in projecting the proper sound. It brings into play the muscles of the diaphragm and abdomen.

**Z****zone**

## TEETH SOUND.

sh



POSITION 1.



POSITION 2.

*PUSHING EXERCISE.*

Use this pushing exercise while uttering sound of letters *sh*. Place the hands in Position 1, pushing them forward into Position 2. The aim of this exercise is to assist in projecting the breath. It brings into play the muscles of the diaphragm and abdomen.

sh

shade

**TEETH SOUND.****zh****POSITION 1.****POSITION 2.*****PUSHING EXERCISE.***

Use this pushing exercise while uttering the sound of *zh*. Place hands in Position 1, pushing them forward into Position 2. The aim of this exercise is to assist in projecting the sound. It brings into play the muscles of the diaphragm and abdomen.

**zh****azure**

## DENTAL OR TEETH SOUND.

**th** aspirate

POSITION 1.



POSITION 2.

***PUSHING EXERCISE.***

Use this pushing exercise while uttering the sound of letters *th* aspirate. Place the hands in Position 1, pushing them forward into Position 2. The aim of this exercise is to assist in projecting the breath. It brings into play the muscles of the diaphragm and abdomen.

**th            three**

**DENTAL OR TEETH SOUND.****th** vocal**POSITION 1.****POSITION 2.*****PUSHING EXERCISE.***

Use this pushing exercise while uttering the sound of letters *th* vocal. Place the hands in Position 1, pushing them forward into Position 2. The aim of this exercise is to assist in projecting the sound. It brings into play the muscles of the diaphragm and abdomen.

**th**      **them**

**SHORT VOWEL SOUND.**

ŷ like ĭ



POSITION 1.



POSITION 2.

***SHORT STRETCHING EXERCISE.***

Use this short stretching exercise while uttering the short sound of letter *i* for *y*.

Draw hands quickly apart from Position 1 into Position 2, showing the abrupt or explosive sound of the vowel.

ŷ

hymn

## LONG VOWEL SOUND.

 $\bar{y}$  like  $\bar{i}$ 

POSITION 1.



POSITION 2.

*LONG STRETCHING EXERCISE.*

Use this long stretching exercise while uttering the long sound of letter *i* for *y*. Shorten closing sound of  $\bar{i}$ .

Draw hands slowly apart from Position 1 into Position 2, showing the continuous or long sound of the vowel.

 $\bar{y}$ 

my

## LIP SOUND.

p



POSITION 1.



POSITION 2.

***POUNDING EXERCISE.***

Use this exercise with the aspiration or whispering effort for the letter *p*.

Place hand in Position 1, and as the breath is expelled bring the hand down to Position 2, as if in the act of pounding.

The aim of this exercise is to call attention to the abrupt or explosive nature of this letter.

p

pole



**LIP SOUND.****b****POSITION 1.****POSITION 2.*****POUNDING EXERCISE.***

Use this exercise while uttering the sound of letter *b*.

Place hand in Position 1, and as the sound is uttered bring the hand down with force into Position 2, as if in the act of pounding.

The aim of this exercise is to call attention to the abrupt or explosive sound of the letter.

**b****bib**

## LIP SOUND.

f



POSITION 1.



POSITION 2.

***PUSHING EXERCISE.***

Use this exercise with the expulsion of the breath or the whispering effort for *f*.

Place hands as in Position 1, pushing them forward as in Position 2 as the breath is sent forth.

The aim of this exercise is to impress upon the pupils that they must push out breath for this letter.

f

face

## LIP SOUND.

V



POSITION 1.



POSITION 2.

***PUSHING EXERCISE.***

Use this pushing exercise while uttering the sound of letter *v*.

Place hands as in Position 1, pushing them forward into Position 2 like picture.

The aim of this exercise is to assist in projecting the proper sound. It brings into play the muscles of the diaphragm and abdomen.

v

vane

## LIP SOUND.

m



POSITION 1.



POSITION 2.

*LIFTING EXERCISE.*

Use this exercise while uttering the sound of letter *m*.

Place hands in Position 1, and as the sound is uttered raise arms to Position 2 as in picture.

m

muff

**LIP SOUND****W**

POSITION 1.



POSITION 2.

***PUSHING EXERCISE.***

Use this pushing exercise while uttering the sound of letter *w*.

Place hands as in Position 1, pushing them forward into Position 2.

The aim of this exercise is to assist in projecting the proper sound. It brings into play the muscles of the diaphragm and abdomen.

**w****wall**

## COMBINATION EXERCISES.

wh



POSITION 1.



POSITION 2.

*PUSHING EXERCISE.*

Place hands as in Position 1, pushing them forward into Position 2, as the breath sound of *wh* is uttered.

wh

white

**COMBINATION EXERCISES.**

qu like kw



POSITION 1.



POSITION 2.

***FOR COMBINATION SOUND.***

Place the hand in front of throat as in Position 1. As sound is uttered, push hand forward into Position 2. A good supply of the breath is necessary for these sounds. *q* is always followed by *u*, and the two have the sound of *kw*.

qu      queen

## COMBINATIONS.

**x** like **ks** and **gz**

POSITION for the first part of the  
sound of *x* as *k* or *g*.



POSITION for last part of the sound  
of *x* as *s* or *z*.

**COMBINATION EXERCISE.***Showing the two Sounds of x.*

When the hand is moved quickly from under the chin, the first part of the sound of *x* (*k* or *g*) is blended with the vanishing sound, *s* or *z*.

The position of mouth for the first part of the sound of *x* is shown in the left-hand picture.

The position of mouth for the vanishing sound of *x* (*s* or *z*) is shown in the right-hand picture.

**x****ax**



VOWEL SOUND. (*a* like *a* in *câre*.)

â



POSITION 1.



POSITION 2.

**SHORT STRETCHING EXERCISE.**

Use this short stretching exercise while uttering the sound of letter like *a* in *câre*.

Draw hands quickly apart from Position 1 into Position 2.

â

care

**INITIAL AND FINAL CONSONANTS OR BLENDS.**

POSITION 1.



POSITION 2.

***POUNDING EXERCISE.***

Place hands in Position 1, and, as sound is uttered, bring one hand down to Position 2, as if in the act of pounding. Alternate hands in continuing the exercise.

Use this exercise with the Initial and Final Consonants.

**INITIAL CONSONANTS.**

bl	sl	ch	cr	tr
cl	spl	sh	dr	sm
fl	sc	th	fr	sn
gl	sk	wh	gr	sp
pl	str	br	pr	st

**FINAL CONSONANTS.**

ble	lt	nt	rd	rn
ld	nd	ng	rm	sk
lf	mp	ple	rk	

## INITIAL CONSONANTS OR BLENDS.



POSITION 1.



POSITION 2.

## PRACTICE WORDS — INITIALS.

bl	black	bless	blind
cl	claw	clean	clip
fl	flag	flesh	flint
gl	glass	glee	glide
pl	plate	please	pli ers
sl	slant	sled	slide
spl	splash	splen did	splint
se	scar	scare	scarf
sc	scene	scent	scis sors
sk	skate	sketch	skirt
str	strap	street	string
ch	chair	cheese	child
sh	shad	shed	ship

## INITIAL CONSONANTS OR BLENDS.



POSITION 1.



POSITION 2.

***POUNDING EXERCISE.*****PRACTICE WORDS — INITIALS.**

th	that	then	this
wh	whale	when	white
br	brave	breeze	bride
cr	crab	creep	crisp
dr	drag	dress	drink
fr	frame	free	frill
gr	grape	green	grind
pr	pray	press	price
tr	trap	tree	trip
sm	small	smelt	smile
sn	snap	sneeze	snip
sp	space	spend	spin
st	start	step	still

**FINAL CONSONANTS OR BLENDS.**

POSITION 1.



POSITION 2.

***POUNDING EXERCISE.*****PRACTICE WORDS — FINALS.**

ble	a ble	Bi ble	no ble
ld	cold	fold	gold
lf	self	shelf	elf
lt	salt	melt	colt
nd	and	land	hand
mp	lamp	bump	lump
nt	ant	cent	lent
ng	ring	sing	spring
ple	ap ple	pur ple	sam ple
rd	card	board	lard
rm	arm	charm	farm
rk	lark	fork	pork
rn	earn	learn	horn
sk	ask	task	mask

## PART II.

### COMBINATION OF SHORT VOWELS WITH CONSONANT SOUNDS

ă



**EXERCISE.** — *Use Short Stretching Exercise.*

<i>Short Stretch.</i>	<i>Short Stretch.</i>	<i>Short Stretch.</i>	<i>Short Stretch.</i>
ăb	ăf	ăl	ăp ăx
ăc	ăg	ăm	ăs
ăd	ăh	ăn	ăt

#### PRACTICE WORDS.

absent	taffy	album	apple
act	bag	amber	has
had	agile	and	hat
ă ă-t	e-ă-t cat	ă t-ă	t-ă-n tan

## LONG VOWEL WITH CONSONANT SOUNDS.

ā



POSITION 1.



POSITION 2.

**EXERCISE.** — *Use Long Stretching Exercise.*

1. <i>Long Stretch.</i>	2 <i>Long Stretch.</i>	3 <i>Long Stretch.</i>	4 <i>Long Stretch.</i>
āb	āf	āl	āp āv
āc	āġ	ām	ās
ād	āk	ān	āt

## PRACTICE WORDS.

able	safe	pale	ape save
ache	age	same	base
aid	make	pane	ate

ā ā-t ate ā t-ā t-ā-p tape

**NOTE.** — Shorten sound in closing position of ā.

## SHORT VOWEL WITH CONSONANT SOUNDS.

ē



## EXERCISE.— Use Short Stretching Exercise.

1	2	3	4	5
<i>Short Stretch.</i>	<i>Short Stretch.</i>	<i>Short Stretch.</i>	<i>Short Stretch.</i>	<i>Short Stretch.</i>
ēb	ēf	ēm	ēs	ēx
ēc	ēg	ēn	ēt	
ēd	ėl	ēp	ēv	

## PRACTICE WORDS.

ebb	effort	hem	rest	exit
deck	leg	hen	pet	
edge	elm	pepper	ever	
ē	ē-n	ē-nd	end	ē
				d-ē
				d-ē-n
				den



## LONG VOWEL WITH CONSONANT SOUNDS.

ē



## EXERCISE. — Use Long Stretching Exercise.

1.	2	3	4
<i>Long Stretch.</i>	<i>Long Stretch.</i>	<i>Long Stretch.</i>	<i>Long Stretch.</i>
ēd	ēm	ēr	ēv
ēf	ēn	ēs	
ēl	ēp	ēt	

## PRACTICE WORDS.

seed	team	deer	sleeve
beef	queen	geese	
heel	sheep	sheet	
ē	ē-l	eel	ē
		b-ē	bē
			bee

## SHORT VOWEL WITH CONSONANT SOUNDS.

i

**EXERCISE.** — *Use Short Stretching Exercise.*

1	2	3	4
<i>Short Stretch.</i>	<i>Short Stretch.</i>	<i>Short Stretch.</i>	<i>Short Stretch.</i>
īb	īf	īm	īs
īc	īk	īn	īt
īd	īl	īp	īx

## PRACTICE WORDS.

bib	sift	him	his
pick	tick	pin	pit
lid	hill	lip	fix
ī    ī-l    ill		ī    l-ī    l-ī-p	lip

## LONG VOWEL WITH CONSONANT SOUNDS.

ī



POSITION 1.



POSITION 2.

**EXERCISE.**— *Use Long Stretching Exercise.*

1	2	3	4
<i>Long Stretch.</i>	<i>Long Stretch.</i>	<i>Long Stretch.</i>	<i>Long Stretch.</i>
īd	īl	īp	īt
īf	īm	īr	īv
īk	īn	īs	

## PRACTICE WORDS.

ride	mile	ripe	mite
life	lime	hire	hive
like	line	rise	
ī	ī-c	ice	ī n-ī n-ī-n nine

NOTE.— Shorten sound of closing position of ī.

## SHORT VOWEL WITH CONSONANT SOUNDS.

Ö



## EXERCISE. — Use Short Stretching Exercise.

1	2	3	4	5
<i>Short Stretch.</i>	<i>Short Stretch.</i>	<i>Short Stretch.</i>	<i>Short Stretch.</i>	<i>Short Stretch.</i>
öb	öf	öm	ör	öx
öc	ög	ön	ös	
öd	öl	öp	öt	

## PRACTICE WORDS.

rob	coffee	Tom	orange	fox
lock	log	con	lost	
God	olive	hop	lot	
ö	o-d	odd	ö	d-ö
			d-ö-g	dog

## VOWEL SOUND WITH CONSONANT SOUNDS.

—  
O



POSITION 1.



POSITION 2.

**EXERCISE.** — *Use Long Stretching Exercise.*

1 <i>Long Stretch.</i>	2 <i>Long Stretch.</i>	3 <i>Long Stretch.</i>	4 <i>Long Stretch.</i>
ōb	ōg	ōm	ōr
ōd	ōk	ōn	ōs
ōf	ōl	ōp	ōt

## PRACTICE WORDS.

robe	rogue	home	ore	rove
road	oak	lone	rose	
loaf	pole	rope	boat	
ō	ō-lđ	old	ō	l-ō
			l-ō-n	lone

## VOWEL SOUND WITH CONSONANT SOUNDS.

ŭ



EXERCISE. — Use Short Stretching Exercise.

1 <i>Short Stretch</i>	2 <i>Short Stretch.</i>	3 <i>Short Stretch.</i>	4 <i>Short Stretch.</i>
ŭb	ŭf	ŭm	ŭs
ŭc	ŭg	ŭn	
ŭd	ŭl	ŭp	

## PRACTICE WORDS.

rub	muff	gum	dust
luck	bug	gun	
mud	mull	cup	
ŭ	ŭ-p	ŭp-per	upper
		ŭ	p-ŭ
		p-ŭ-p	pup

## VOWEL SOUND WITH CONSONANT SOUNDS.

ū



POSITION 1.



POSITION 2.

**EXERCISE.** — *Use Long Stretching Exercise.*

1	2	3	4
<i>Long Stretch.</i>	<i>Long Stretch.</i>	<i>Long Stretch.</i>	<i>Long Stretch.</i>
ūb	ūl	ūp	ūt
ūd	ūm	ūr	
ūg	ūn	ūs	

## PRACTICE WORDS.

tube	mule	dupe	mute
sued	fume	pure	
huge	tune	muse	

ū    ū-s    use

ū    t-ū    t-ū-n    tune

**a (ITALIAN) WITH CONSONANT SOUNDS.**

ä

**EXERCISE.** — *Use Long Pushing Exercise.***PRACTICE WORDS.**

1	2	3	4	5
ä är arm	är arch	är ark	är cart	är lark
ä är art	är are	är army	är card	är bark
ä är barn	är farm	är artist	är harm	är dark
ä är ä-rm	arm	ä f-är	f-är-m	farm
ä är ä-rt	art	ä l-ärk	l-är-k	lark



**a (BROAD) WITH CONSONANT SOUNDS.****a****EXERCISE. — Use Long Pushing Exercise.**

1	2	3	4	5	6
<i>Long Push.</i>	<i>Long Push.</i>	<i>Long Push.</i>	<i>Long Push.</i>	<i>Long Push.</i>	<i>Long Push.</i>
ba	fa	ja	na	ra	va
ca	ga	la	pa	sa	wa
da	ha	ma	qua	ta	

**PRACTICE WORDS.**

ball	fall	jaw	naught	raw	vault
call	gall	law	paw	saw	wall
dawn	hall	malt	quart	tall	
a	a-l	all	a	b-a	b-a-l
					ball

VOWEL SOUND. (*y* like *ī*).

## PRACTICE WORDS.

ŷ	h ŷ mn (ī)	hymn
ŷ	n ŷ mph (ī)	nymph
ŷ	ba bŷ (ī)	baby
ŷ	Lil-ŷ	Lily
ŷ	man-ŷ	many
ŷ	ā-bŷss	abyss
ŷ	ru-bŷ	ruby
ŷ	hick-o-rŷ	hickory
ŷ	hol-lŷ-hock	hollyhock

**VOWEL SOUND. (*y* like *ī*.)****POSITION 1.****POSITION 2.**

**NOTE.** — Shorten the closing sound of letter.

**PRACTICE WORDS.**

<i>y</i>	m <i>y</i>	my
	( <i>ī</i> )	
<i>y</i>	sk <i>y</i>	sky
	( <i>ī</i> )	
<i>y</i>	fl <i>y</i>	fly
	( <i>ī</i> )	
<i>y</i>	h <i>y</i> -drant	hydrant
<i>y</i>	h <i>y</i> -phen	hyphen
<i>y</i>	c <i>y</i> -press	cypress
<i>y</i>	h <i>y</i> -son	hyson
<i>y</i>	sk <i>y</i> -ward	skyward
<i>y</i>	ed- <i>ī</i> -f <i>y</i>	edify

BREATHING FOR *h* WITH VOWEL SOUNDS.

h



## EXERCISE.

1 <i>Short Stretch.</i>	2 <i>Long Stretch.</i>	3 <i>Short Push.</i>	4 <i>Long Push.</i>
hă	hā	hă	hā
hě	hē	hě	hē
hĩ	hī	hĩ	hī
hǒ	hō	hǒ	hō
hŭ	hū	hŭ	hū

## PRACTICE WORDS.

hat	hate	ham	hail
hen	heed	hem	heel
hid	hide	him	high
hop	hope	hot	home
hug	huge	hut	hue
h	h-ă	h-ǎ-t	hat
h	h-ě	h-ǎ-t	hot

## PALATE SOUND WITH VOWEL SOUNDS.

–e hard like k    k like –e



## EXERCISE.

1	2	3	4
<i>Short Stretch.</i>	<i>Long Stretch.</i>	<i>Short Push.</i>	<i>Long Push.</i>
ǎe	eā	eǎ	eā
ěe	kē	kě	kē
īe	kī	kī	kī
ōe	eō	eǒ	eō
ūe	eū	eū	eū

## PRACTICE WORDS.

act	cake	cat	cane
peck	keep	kettle	keel
pick	kite	kick	kind
lock	cone	cot	coat
luck	cute	cut	cube
e    e-ǎ    e-ǎ-t	cat	k    k-ī	k-ī-t    kite

## PALATE SOUND WITH VOWEL SOUNDS.

g



## EXERCISE.

1  
*Short Stretch.*

ǎg

ěg

ĭg

ǒg

ǔg

2  
*Short Push.*

gǎ

gě

gĭ

gǒ

gǔ

3  
*Long Push.*

gā

gō

## PRACTICE WORDS.

agate

egg

big

dog

bug

gag

get

gig

got

gun

gate

gold

ḡ

g-ě

g-ě-t

get

ḡ

g-ǔ

g-ǔ-n

gun

## PALATE SOUND WITH VOWEL SOUNDS.

y



## EXERCISE.

1

*Short Stretching Exercise.*

yă

yě

yŏ

2

*Long Stretching Exercise.*

yă

yē

yō

## PRACTICE WORDS.

yankee

yellow

yonder

yard

year

yoke

y	yě	yě-t	yet
y	yŏ	yŏ-n	yon
y	yě	yěl-low	yellow
y	yě	yě-s	yes

y	yō	yō-k	yoke
y	yă	yăr-d	yard
y	yă	yăr-n	yarn
y	yŏ	yŏ-n	yon

## NASAL OR NOSE SOUND WITH VOWEL SOUNDS.

n



## EXERCISE.

1	2	3	4
<i>Short Stretch.</i>	<i>Long Stretch.</i>	<i>Short Push.</i>	<i>Long Push.</i>
ăn	ān	nă	nā
ēn	ēn	ně	nē
īn	īn	nĩ	nī
ōn	ōn	nǒ	nō
ŭn	ūn	nŭ	nū

## PRACTICE WORDS.

and	angel	nap	name
end	seen	net	need
inch	line	nip	nice
on	lone	nod	note
uncle	tune	nut	nude

n    n-ō    n-ō-t    not            n    n-ō    n-ō-t    note



## NASAL SOUND WITH VOWEL SOUNDS.

ng    n like ng



ng	ǎng	bang
ng	ǐng	ring
ng	ǒng	wrong
ng	ǔng	sung

## PRACTICE WORDS.

ng	ǎ-ng	sǎ-ng	sang	ng	sing-ěr	singer
<u>n</u>	ǐn	ǐn-k	ink	<u>n</u>	fīn-ġer	finger
sting er		wring er		lon ġer		fīn ġer
swing er		spring er		līn ġer		hun ġer

NOTE. — *ng* is the equivalent of n marked with a bar below it. n is like *ng*, when *n* comes before the sound of *k*, or hard *g*, as in *ink*, *finger*, etc.

## TONGUE SOUND WITH VOWEL SOUNDS.

I



## EXERCISE.

*Short Stretch.*

āl

ēl

īl

ōl

ūl

*Long Stretch.*

āl

ēl

īl

ōl

ūl

*Short Push.*

lă

lē

lī

lō

lū

*Long Push.*

lā

lē

lī

lō

lū

## PRACTICE WORDS.

alley

elm

ill

olive

ulster

ale

eel

mile

old

mule

lamb

let

lit

log

lug

lame

lead

light

lone

lute

l l-ă l-ă-p lap

l l-ā l-ā-ç

lace

## TONGUE SOUND WITH VOWEL SOUNDS.

r



## EXERCISE.

<i>Short Stretch.</i>	<i>Long Stretch.</i>	<i>Short Push.</i>	<i>Long Push.</i>
ǎr	âr	rǎ	râ
ěr	ēr	rě	rē
īr	īr	rĭ	rī
ôr	ôr	rô	rō
ûr	ûr	rŭ	rū

## PRACTICE WORDS.

arrow	air	rat	rain
errand	ear	red	read
bird	ire	rip	ripe
orange	orb	rod	rope
urge	urn	run	rude
r	r-ă	r-ă-t	rat
r	r-ī	r-ī-p	ripe

## TEETH SOUND WITH VOWEL SOUNDS.

t



## EXERCISE.

<i>Short Stretch.</i>	<i>Long Stretch.</i>	<i>Short Push.</i>	<i>Long Push.</i>
ăt	āt	tă	tā
ět	ēt	tě	tē
īt	īt	tī	tī
őt	ōt	tō	tō
ūt	ūt	tū	tū

## PRACTICE WORDS.

attic	ate	tan	tame
etching	eat	ten	team
itch	mite	tin	time
otter	note	top	topaz
utter	mute	tub	tube
t t-ă t-ă-p	tap	t ă-t	ăt-tie attic

## TEETH SOUND WITH VOWEL SOUNDS.

d



## EXERCISE.

*Short Stretch.*

ǎd

ěd

ĭd

ōd

ŭd

*Long Stretch.*

ād

ēd

īd

ōd

ūd

*Short Push.*

ďǎ

ďě

ďĭ

ďō

ďŭ

*Long Push.*

ďā

ďē

ďī

ďō

ďū

## PRACTICE WORDS.

add

edge

idiot

odd

rudder

aid

heed

ride

road

rude

dab

den

din

dog

dug

date

deed

dine

dose

dupe

d

d-ǎ

d-ǎ-b

dab

d

d-ǒ

d-ǒ-g

dog

## TEETH SOUND WITH VOWEL SOUNDS.

ch çh



## EXERCISE.

*Short Push.*

chǎ  
chě  
chĩ  
chǒ  
chũ

*Long Push.*

chā  
chē  
chī  
chō  
chû

*Long Push.*

çhā  
(There are very  
few words having  
this sound.)

## PRACTICE WORDS.

chap  
chest  
chip  
chop  
chum

change  
cheese  
child  
choke  
church

çhaise  
maçhine

ch    ch-ē    ch-ē-k    cheek    ch    ch-ī    ch-ī-m    chime

## TEETH SOUND WITH VOWEL SOUNDS.

j like ġ soft      ġ soft like j



## EXERCISE.

<i>Short Stretch.</i>	<i>Long Stretch.</i>	<i>Short Push.</i>	<i>Long Push.</i>
ǎġ	āġ	jǎ	jā
ěġ	ēġ	jě	jē
ĩġ		jĩ	jī
ǒġ		jǒ	jō
ũġ	ūġ	jũ	jū

## PRACTICE WORDS.

badge	age	jam	Jane
edge	siege	jet	Jean
ridge		jill	jibe
lodge		job	joke
nudge	huge	jug	June
j	j-ǎ	j-ǎ-m	jam
j	j-ǒ	j-ǒ-b	job

## TEETH SOUNDS.

S like Ć    Ć like S    Š like Z



## EXERCISE.

*Use Short Stretching.*

ăș

ěș

ĩș

õș

ũș

*Long Stretching.*

āć

ēš

ĩș

õș

ũș

*Short Pushing.*

să

sě, ċě

sĩ

sõ

sũ

*Long Pushing.*

sā

sē

sĩ, ċĩ

sō

sū

## PRACTICE WORDS.

ash

escort

is

ostrich

us

ace

ease

wise

rose

use

sat

set, cent

sip

sop

sum

sane

seed

side, cite

soap

suet

s    s-ă    s-ă-nd    sand    s    s-ō    s-ō-p    soap



## TEETH SOUNDS.

**Z,**    **S** marked thus **ſ** like **Z**



## EXERCISE.

*Use Short Pushing.*

zě    aſ  
zĭ    ĭſ

*Long Pushing.*

zē    ēſ  
zō    oſ

*Long Pushing.*

āz  
ēz  
īz

## PRACTICE WORDS.

zest  
zinc  
waſ  
viſit

zebra  
zone  
eaſy  
cloſe

blaze  
breeze  
prize

z	z-ě	z-ě-st	zest	z	z-ē	zē-bra	zebra
z	z-ĭ	z-ĭ-n-e	zinc	z	z-ō	z-ō-n	zone

## TEETH SOUND WITH VOWEL SOUNDS.

sh



## EXERCISE.

1.  
*Short Stretch.*

ăsh

ěsh

ĭsh

ŏsh

ŭsh

2  
*Long Stretch.*

shā

shē

shī

shō

3  
*Short Push.*

ăsh

ěsh

ĭsh

ŏsh

ŭsh

4  
*Long Push.*

shā

shē

shī

shō

shy

## PRACTICE WORDS.

ash

mesh

dish

bosh

rush

shade

sheep

shine

shone

hash

flesh

fish

bosh

rush

shape

she

shine

show

shy

sh sh-ā sh-ā-d shade sh sh-ĭ sh-ĭ-p ship

## TEETH SOUND WITH VOWEL SOUNDS.

zh



## EXERCISE.

*Use Short Pushing Exercise.*

zh      ă-zh

zh      ě-zh

zh      ě-zh

## PRACTICE WORDS.

azure

grazier

treasure

usual

exposure

rouge

composure

pleasure

provision

adhesion

usury

cohesion

## TEETH SOUND WITH VOWEL SOUNDS.

th th



## EXERCISE.

<i>Short Stretching.</i>	<i>Long Stretching.</i>	<i>Short Pushing.</i>	<i>Long Pushing.</i>
ăth	āth	thă	tha
ěth	ēth	thě	thē
īth	īth	thī	thī
ŏth	ōth	thŏ	thō
	ūth	thŭ	

## PRACTICE WORDS.

hath	bathe	than	thaw
breath	seethe	then	theme
with	writhe	this	thigh
broth	clothe	thong	though
	youth	thus	
th	th-ă	th-ă-nk	thank
th	th-ă	th-ă-t	that

## TEETH SOUND WITH VOWEL SOUNDS.

th th

sh

**EXERCISE. — Short Stretching Exercise.***Short Stretching Exercise.*

thă

thě

thĩ

thǒ

thŭ

*Short Stretching Exercise.*

shă

shě

shĩ

shǒ

shŭ

**PRACTICE WORDS.**

thank

them

thin

thong

thus

shad

shed

ship

shop

shut

th th-ă th-ă-n-k thank

th th-ě th-ě-m then

sh sh-ă sh-a-d shad

sh sh-ĩ sh-i-p ship

## LIP SOUND WITH VOWEL SOUNDS.

p



## EXERCISE.

*Short Stretch.*

ăp

ěp

īp

ǫp

ŭp

*Long Stretch.*

āp

ēp

īp

ōp

ūp

*Short Push.*

pă

pě

pī

pǫ

pŭ

*Long Push.*

pā

pē

pī

pō

pū

## PRACTICE WORDS.

apple

reptile

lip

mop

cup

ape

keep

ripe

mope

u pas

pad

pet

pin

poll

pup

paid

peel

pine

pole

pure

p

p-ă

p-ă-n

pan

p

p-ā

p-ā-n

pane

## LIP SOUND WITH VOWEL SOUNDS.

b



## EXERCISE.

*Short Stretch.*

ăb

ěb

īb

ōb

ūb

*Long Stretch.*

āb

ēb

īb

ōb

ūb

*Short Push.*

bă

bě

bī

bō

bū

*Long Push.*

bā

bē

bī

bō

bū

## PRACTICE WORDS.

cab

ebony

ribbon

job

tub

able

feeble

jibe

Job

tube

bat

bed

bib

box

bug

bait

bead

bite

boat

bugle

b

b-ă

b-ă-t

bat

b

b-ī

b-ī-b

bib

## LIP SOUND WITH VOWEL SOUNDS.

f



## EXERCISE.

*Short Stretch.*

ăf  
 ǣf  
 ĭf  
 ǫf  
 ŭf

*Long Stretch.*

āf  
 ēf  
 ĭf  
 ōf

*Short Push.*

fă  
 fǣ  
 fĭ  
 fǫ  
 fŭ

*Long Push.*

fā  
 fē  
 fī  
 fō  
 fū

## PRACTICE WORDS.

afford  
 left  
 lift  
 offer  
 cuff

safe  
 reef  
 life  
 loaf

fat  
 fed  
 fish  
 fox  
 fun

fate  
 feed  
 fine  
 foam  
 fume

f    f-ă    f-ǣ-t    fat    f    f-ā    f-ā-t    fate



## LIP SOUND WITH VOWEL SOUNDS.

## V



## EXERCISE.

<i>Short Stretch.</i>	<i>Long Stretch.</i>	<i>Short Push.</i>	<i>Long Push.</i>
ǎv	āv	vǎ	vā
ěv	ēv	vě	vē
iv	īv	vī	vī
ov	ōv	vō	vō

NOTE. — *o* thus marked like *u* short, as in oven, son, etc.

## PRACTICE WORDS.

avenue	save	van	vane
ever	eve	velvet	veal
river	hive	village	vine
oven	oval	volley	vote
v v-ǎ v-ǎ-n	van	v v-ā v-ā-n	vane

## LIP SOUND WITH VOWEL SOUNDS.

m



## EXERCISE.

*Short Stretch.*

ǎm

ěm

im

om

um

*Long Stretch.*

ām

ēm

im

om

um

*Short Push.*

mǎ

mě

mī

mō

mū

*Long Push.*

mā

mē

mī

mō

mū

## PRACTICE WORDS.

ham

hem

him

romp

hum

game

beam

lime

home

human

mat

met

mill

mop

mud

mate

meat

mine

mope

mute

m   m-ǎ   m-ǎ-n   man   m   m-ā   m-ā-n   mane

## LIP SOUND WITH VOWEL SOUNDS.

## W



## EXERCISE.

*Short Stretching Exercise.*

wǎ

wě

wǐ

wọ

*Long Stretching Exercise.*

wā

wē

wī

wō

NOTE. — Letter ọ thus marked like short ֊ as in wolf, etc.

## PRACTICE WORDS.

wag

wet

wig

wolf

wave

weep

wipe

woe

w wǎ-x wax

w wā-v wave

## MOTION EXERCISES WITH COMBINATIONS.

X like ks      X<sub>⊥</sub> like gz



POSITION 1.



POSITION 2.

*Short Pushing Exercise.*

ǎx  
ěx

ix  
ōx

ex<sub>⊥</sub>

## PRACTICE WORDS.

wax  
flax  
vex  
six

exact  
exist  
example  
auxiliary

x	ǎx	wa-x	wax	x	ōx	b-ō-x	box
x	ěx	ex-am-ple	example	x	ox	f-ō-x	fox

## MOTION EXERCISES WITH COMBINATIONS.

qu like kw

**EXERCISE.** — *Stretching Exercise.**Short Stretching Exercise.*

quǎ

quě

quǐ

quǒ

qua

*Long Stretching Exercise.*

quā

quē

quī

quō

qua

## PRACTICE WORDS.

quack

quell

quick

quod

quart

quail

queen

quite

quote

quarter

qu quǎ quǎ-k quack qu quō quō-t quote

NOTE. — *q* is always followed by *u* and the two have the sound of *kw*. Quack like kwǎk, quote like kwōt.

## MOTION EXERCISES WITH COMBINATIONS.

wh

**EXERCISE.** — *Pushing Exercise.**Use Short Pushing Exercise.*

wh<sub>a</sub>  
wh<sub>ě</sub>  
wh<sub>ĭ</sub>

*Long Pushing Exercise.*

wh<sub>ā</sub>  
wh<sub>ē</sub>  
wh<sub>ī</sub>

## PRACTICE WORDS.

what  
when  
whip  
whatnot  
whetstone  
whisper

whale  
wheel  
white  
whalebone  
wheat  
whiten  
whine

wh    wh-a-t    what

wh    wh-ā-l    whale

NOTE. — *h* aspirate before *wh*.

## PRACTICE IN SHORT VOWEL SOUNDS.



POSITION 1.



POSITION 2.

## SHORT STRETCHING EXERCISE.

For short vowels assume Position 1. As sounds are uttered, have hands drawn quickly apart to Position 2. This gives the necessary *abrupt* or *expulsive* sound.

ǎ-ě-ĩ-õ-ũ  
 ǎ-ě      ĩ-õ      ũ-ǎ  
 ǎ-ě-ĩ      ǎ-ĩ-õ      ǎ-õ-ũ

PRACTICE IN LONG VOWEL SOUNDS.



POSITION 1.



POSITION 2.

*Use this exercise with these vowel sounds.*

$\bar{a}-\bar{e}-\bar{i}-\bar{o}-\bar{u}-\bar{y}$  (as  $\bar{i}$ )  
 $\bar{a}-\bar{e}$        $\bar{a}-\bar{e}-\bar{i}$        $\bar{a}-\bar{i}$   
 $\bar{a}-\bar{i}-\bar{o}$        $\bar{e}-\bar{a}$        $\bar{e}-\bar{i}$   
 $\bar{e}-\bar{i}-\bar{o}$        $\bar{i}-\bar{o}$        $\bar{i}-\bar{o}-\bar{a}$   
 $\bar{o}-\bar{i}$        $\bar{o}-\bar{a}-\bar{i}$        $\bar{o}-\bar{a}-\bar{e}$



# SHORT AND LONG VOWELS COMBINED.

*Use the short and long stretching exercises with these vowels.*

ă-ā	ě-ē	ĩ-ī
ō-ō	ũ-ū	
ā-ă	ē-ě	ī-ĩ
ō-ō	ū-ũ	
ă-ē	ē-ĩ	ī-ō

*Use the long and short stretching exercises with these vowels.*

ā-ē	ě-ō	ā-ȳ (as ī)
ě-ě-ě	ă-ă-ă	ĩ-ĩ-ĩ
ō-ō-ō	ũ-ũ-ũ	
ā-ā-ā	ē-ē-ē	ī-ī-ī

## PART III.

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### VOWELS AND CONSONANTS CLASSIFIED.

**NOTE.** — Vowel sounds depend upon the extent and manner of opening the mouth. They are unobstructed voice sounds or pure tones.

Sub-vocals or Vocal Consonants are uttered with a slight degree of vocality; that is, tone united with breath. They are obstructed voice sounds. Sub-vocals or consonants require a greater effort of the speaking organs than vocals or vowels.

Sub-vocals or Vocal Consonants are b, d, ġ, j, l, m, n, ng, r, v, w, y, z, th, zh.

Atonics or Aspirate Consonants have no tone or vocality. They are breathings only, or produced by a current of the whispering breath through certain parts of the mouth.

Atonics or Aspirate Consonants are f, h, k, p, s, t, th, sh, ch, wh.

### CORRELATIVES OR COGNATES.

Eight sub-vocals and eight aspirates may be arranged in pairs called correlatives or cognates, because they are formed with the same position of the organs. The first four pairs are explosive; the others are continuous.

*Sub-vocals or voice sounds.*

b  
d  
ġ  
j  
th  
v  
z  
zh

*Aspirates or breath sounds.*

p  
t  
k  
ch  
th  
f  
s  
sh

## PRACTICE WORK.

## VOWEL SOUNDS.

ă	at	ankle	candy	apple	attic
ā	ate	apron	baker	paper	April
ě	egg	edge	entry	net	west
ē	eel	eagle	hero	neat	east
ī	imp	inch	silk	infant	idiot
î	ice	high	time	iron	tiger
ø	odd	God	office	coffee	chop
ō	old	glory	home	poet	story
ũ	us	tub	usher	tumbler	umpire
ū	use	tube	unit	tulip	June
ȳ	like ȳ short				
ȳ	like ȳ long				
ȳ	hymn	nymph	lily	every	monkey
ȳ	my	fly	reply	rely	July
ä	arm	half	march	army	park
ä	ask	past	class	glass	master
ä	all	ball	waltz	water	August
ä	was	watch	wash	wan	wander
â	air	pair	hair	fare	care
ê	where	there	heir	heiress	their
ēr	err	her	verse	person	perch
îr	firm	sir	girl	bird	first
ûr	fur	furl	purse	purple	church

**PRACTICE WORK. — CONSONANTS CLASSIFIED.**

*Aspirates — Breath.*

h	hash	hiss
h	home	high
wh	white	whisper
wh	when	whale
p	pin	pun
p	pole	push
c	cash	coat
k	kind	Kate
ch	chap	choose
ch	chase	cheer
f	fast	fishy
f	face	fine
s	sink	sent
s	signal	seal
t	tin	tint
t	tick	tell
th	thick	thistle
th	think	thigh
sh	shine	sheriff
sh	shame	shell
th	thirty	thirsty
sh	hush	blush
ch	cherry	cheese

*Sub-vocals — Tone with Breath.*

l	lash	list
l	late	lie
w	wit	wisp
w	wen	wail
b	bin	bun
b	bowl	bush
g	gash	goat
g	gill	gate
j	jam	June
j	jet	July
v	vast	vale
v	vase	vine
z	zinc	zest
z	zigzag	zeal
d	din	dint
d	Dick	dell
th	them	soothe
th	then	smooth
zh	azure	treasure
zh	pleasure	measure
th	mother	father
zh	grazier	glazier
j	judge	January

# **PRACTICE WORK.—CONSONANTS DIVIDED ACCORDING TO THE ORGANS USED.**

## *Palate or Throat Sounds.*

e-k	came	card	cape	cold
ġ	game	guard	gape	gold
y	yard	yacht	yoke	yonder

## *Nasal or Nose Sounds.*

n	navy	nephew	ninety	November
ng	sing	sang	singer	singing
ñ	kink	pink	finger	ink

## *Lingual or Tongue Sounds.*

l	lake	leap	light	locket	lusty
r	rake	reap	right	rocket	rusty

## *Dental or Teeth Sounds.*

t	tame	tent	time	toe	trunk
d	dame	dent	dime	doe	drunk
ch	char	chest	chill	choke	chunk
j	jar	jest	Jill	joke	junk
th	thatch	three	thin	throat	south
th	that	thee	thine	those	thou
s	base	seal	hiss	sink	dose
z	baize	zeal	fizz	zinc	doze
sh	ash	fresh	shaver	shame	show
zh	azure	treasure	glazier	brazier	hosier

## *Labial or Lip Sounds.*

p	pack	peg	pile	pony	pug
b	back	beg	bile	bony	bug
f	fail	ferry	fine	fowl	fern
v	vale	very	vine	vow	verge
m	May	men	mill	mow	morn
w	way	wen	will	woe	worn

**PRACTICE WORK.**

ai like ā	mail	sail	pail	hail	gait	paint
ā	male	sale	pale	hale	gate	cage
ea like ē	beat	heal	dear	hear	peal	speak
ē	beet	heel	deer	here	peel	cheek
e like ā	they	eight	eighteen	eighty	sleigh	skein
ie like ī	pie	flies	cries	skies	spies	dried
ie like ē	grief	brief	thief	chief	thieve	lief
ea like ǣ	deaf	death	dead	wealth	health	breath
ight like īt	light	might	right	sight	tight	plight
oa like ō	soap	road	boat	goat	coat	load
ow like ō	elbow	yellow	willow	grow	know	snow
oi	oil	boil	point	moist	coil	voice
oy	boy	toy	coy	joy	enjoy	oyster
ou	out	ounce	loud	proud	mouse	trout
ow	owl	gown	town	towel	vowel	flower
ōō	good	wool	wood	book	look	brook
ōō	moon	noon	boot	spool	spoon	food
o like ōō	woman	wolf	wolves	wolfish		
ô, o like a	cork	corn	cork	force	fork	horse
u like ōō	rude	rule	rural	rumor	truth	fruit
u like ōō	full	pull	push	pushing	bushel	bush

**PRACTICE WORK.***ex* like *ks*.

<i>ex</i>	<i>vex</i>	<i>exit</i>
<i>ex</i>	<i>extra</i>	<i>express</i>

*ex* like *gz*.

<i>ex</i>	<i>exact</i>	<i>exhaust</i>
<i>ex</i>	<i>example</i>	<i>examine</i>

*qu* like *kw*.

<i>q</i>	<i>quack</i>	<i>queen</i>	<i>queer</i>
<i>q</i>	<i>quite</i>	<i>quote</i>	<i>quail</i>

<i>ed</i> like <i>d</i>	<i>aimed</i>	<i>pleased</i>	<i>filled</i>	<i>feared</i>
<i>ed</i> like <i>t</i>	<i>kissed</i>	<i>danced</i>	<i>dropped</i>	<i>wished</i>
<i>ed</i> like <i>ed</i>	<i>minded</i>	<i>banded</i>	<i>crowded</i>	<i>guided</i>

*wh*.

<i>whit</i>	<i>whistle</i>	<i>whisper</i>	<i>white</i>
<i>when</i>	<i>whittle</i>	<i>whirlpool</i>	<i>while</i>
<i>whip</i>	<i>whimper</i>	<i>whisker</i>	<i>what</i>

*w* is silent.

<i>whoop</i>	<i>who</i>
<i>whole</i>	<i>whom</i>
<i>whose</i>	<i>wholesome</i>

*s* marked thus *ſ* has the sound of *z*.

<i>haſ</i>	<i>noſe</i>	<i>riſe</i>	<i>proſe</i>	<i>muſe</i>
<i>phraſe</i>	<i>roſe</i>	<i>wiſe</i>	<i>priſon</i>	<i>amuſe</i>

*tch* like sound of *ch*.

<i>catch</i>	<i>patch</i>	<i>batch</i>	<i>crutch</i>	<i>watch</i>	<i>match</i>
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## SPECIAL PRACTICE WORK.

*Simple Sound of ng.*

āng	rang	slang	bang	banging
īng	king	fling	sting	singing
ōng	song	strong	wrong	wronging
ūng	sung	flung	swung	
ng	sing er	spring er	sting er	ring er
ng	sing ing	spring ing	sting ing	ring ing

n like *ng* before the sound of *k* or hard *g*.

<u>n</u>	f <u>in</u> ġer	lon ġer	j <u>in</u> ġle	hun ġer
	finger	longer	jingle	hunger
<u>n</u>	lin ġer	stron ġer	tin ġle	an ġle
	linger	stronger	tingle	angle

n like *ng* followed by *k* aspirate sound.

<u>n</u> like ng	in <u>k</u>	w <u>in</u> k	p <u>in</u> k	lin <u>k</u>	prin <u>k</u>
<u>n</u> like ng	kink	mink	drink	sink	shrink

n followed by *g* soft in these words.

stin ġy	ġin ġer	singed	plun ġer
stingy	ginger	singe	plunge

SPECIAL PRACTICE WITH *wh*.

wh	wh	wh	wh
what	when	whip	whale
whack	wheth er	which	whim
what ev er	whence	whiff	whist



**SPECIAL PRACTICE WORK.**PRACTICE WITH *ing*.

1  
ing  
advancing  
beating  
clapping

2  
ing  
delaying  
ending  
finding

3  
ing  
giggling  
hanging  
icing

4  
ing  
jumping  
kindling  
longing

5  
ing  
mending  
needing  
opening

6  
ing  
pushing  
quenching  
ushering

7  
ing  
ringing  
swinging  
tingling

8  
ing  
usurping  
visiting  
washing

9  
ing  
examining  
yachting  
zigzagging

PRACTICE WITH *ch*.

ch  
chap  
chaff  
chance

ch  
check  
chest  
chess

ch  
chick  
chick en  
chip

ch  
chop  
choose  
choc o late

ch  
chum  
chuck  
chunk

eh  
chord

eh  
chorus

eh  
choral

eh  
chorister

PRACTICE WITH *th* FINAL.

strength

width

length

breadth

health

## PRACTICE WORK.

## HOMONYMS.

beet	blew	bow	bury	bear	cite
beat	blue	beau	berry	bare	site
				bear	sight
cede	clause	chord	climb	coarse	cent
seed	claws	cord	clime	course	sent
					scent
dear	due	draft	flower	flee	fair
deer	dew	draught	flour	flea	fare
ring	rite	blue	tear	vail	hare
wring	write	blew	tier	vale	hair
bow	bread	ceil	course	cell	ball
bough	bred	seal	coarse	sell	bawl

## PRACTICE WITH SINGULAR AND PLURAL WORDS.

calf	man	foot	tooth	half
calves	men	feet	teeth	halves
life	knife	wife	chief	gulf
lives	knives	wives	chiefs	gulfs
leaf	loaf	thief	safe	proof
leaves	loaves	thieves	safes	proofs
sheaf	mouse	goose	woman	city
sheaves	mice	geese	women	cities
wharf	shelf	half	fly	cry
wharves	shelves	halves	flies	cries

## CLAPPING EXERCISE.

Clap the hands together as many times as denoted by the number of syllables in the given word, clapping with added force as the accented syllable is uttered. Clap the hands for the vowel sounds above the divided word ; also clap for each syllable in the word.

The accented syllable is marked thus ( ' ). Hence, a louder clap is required for the accented syllable.

## SPECIAL PRACTICE.

ā	ā		ā	ŷ	
al'ways		always	ba'by		baby
ā	ō		ē	ä	
al'so		also	re mark'		remark
ē	ō		ō	ä	
he'ro		hero	so'fa		sofa
ō	ě		ō	ŷ	
po'et		poet	ho'ly		holy
ä	ě		ō	ŷ	
mar'ket		market	sto'ry		story
ō	ě		ī ēr		
ro'ses		roses	sis'ter		sister
ä	ī		ī ēr		
art'ist		artist	high'er		higher
ū	ī		ē ī ě		
u'nit		unit	de light'ed		delighted
ū	ī		ō	ī	
u nite'		unite	of'fice		office
ā	ō	ä	ō	ē	
au ro'ra		aurora	cof'fee		coffee
ō	ō		ō	ŷ	
so'lo		solo	glo'ry		glory

**SPECIAL CLAPPING EXERCISE USED WHILE UTTERING  
THE WORDS OF TWO OR MORE SYLLABLES.**

ă

ap'ple	apple
bar'rel	barrel
can'dy	candy
dai'sy	daisy
gal'lon	gallon
han'dy	handy
spar'row	sparrow
satch'el	satchel
cam'el	camel
tal'ly	tally
val'ley	valley

ā

a'corn	acorn
ba'by	baby
la'dy	lady
pa'per	paper
ha'lo	halo
na'vy	navy
gra'vy	gravy
ta'ble	table
ca'per	caper
ta'per	taper
va'por	vapor

ǣ

emp'ty	empty
ber'ry	berry
cel'lar	cellar
fer'ry	ferry
lem'on	lemon
mer'ry	merry
ten'nis	tennis
pen'ny	penny
ce'dar	cedar
cen'tral	central
eb'o ny	ebony
net'ting	netting

ē

Eas'ter	Easter
bea'ver	beaver
crea'ture	creature
fea'ture	feature
he'ro	hero
teach'er	teacher
read'er	reader
sleep'er	sleeper
ce ment'	cement
ce're al	cereal
ea'gle	eagle
nee'dle	needle

**SPECIAL CLAPPING EXERCISE USED WHILE UTTERING  
THE WORDS OF TWO OR MORE SYLLABLES.**

ĩ

in'sect	insect
bis'cuit	biscuit
crick'et	cricket
riv'er	river
pic'ture	picture
lil'y	lily
sis'ter	sister
din'ner	dinner
lim'ber	limber
tick'et	ticket
lit'tle	little

ĩ

i'cy	icy
di'et	diet
di'a mond	diamond
bi'son	bison
li'lac	lilac
mi'ner	miner
high'er	higher
gi'ant	giant
li'on	lion
ti'dy	tidy
live'ly	lively

õ

of'fice	office
of'fer	offer
or'ange	orange
ol'ive	olive
cof'fee	coffee
choc'o late	chocolate
dol'lar	dollar
pock'et	pocket
lob'ster	lobster
gob'let	goblet
dol'phin	dolphin
top'ic	topic

õ

o'pen	open
ho'ly	holy
glo'ry	glory
sto'ry	story
po'ker	poker
so'lo	solo
clo'ver	clover
po'et	poet
lo'cust	locust
go ril'la	gorilla
dole'ful	doleful
to'tal	total

**SPECIAL CLAPPING EXERCISE USED WHILE UTTERING  
THE WORDS OF TWO OR MORE SYLLABLES.**

ǔ		ū	
up'per	upper	u'nit	unit
un'cle	uncle	use'ful	useful
num'ber	number	stu'dent	student
pup'py	puppy	stu'pid	stupid
hunt'er	hunter	hu'mor	humor
Sun'day	Sunday	tu'tor	tutor
muf'fin	muffin	Tues'day	Tuesday
thun'der	thunder	plu'ral	plural
ä		a	
art'ist	artist	au'thor	author
aun'ty	aunty	au'tumn	autumn
bar'ley	barley	al'ways	always
car'pet	carpet	Au'gust	August
gar'ment	garment	au ro'ra	aurora
fa'ther	father	daugh'ter	daughter
far'ther	farther	wa'ter	water
mar'ket	market	sau'cer	saucer

**SPECIAL PRACTICE.**

Hold mouth positions as illustrated in this book for the time of five silent counts, long enough to train the organs to correct action before uttering the sound.

Practice lifting the tongue for the letters *l* and *r*. Hold tongue in position while counting five before uttering the sound.

Hold mouth wide enough open to make room for the vibrations in the mouth before uttering the sound, dropping the jaw readily for the sound of *a* broad, as well as

opening wide for *a* Italian. Practice holding position firmly before uttering the sound.

### VOWELS.

#### *Time Drill.*

ă	ă-t	at
ě	ě-nd	end
ī	ī-t	it
ō	ō-n	on
ū	ū-s	us

#### *Vowels with Consonants.*

ă	h-ă-nd	hand,	gal lop	gallop
ě	l-ě-nd	lend,	mel on	melon
ī	p-ī-n	pin,	sil ver	silver
ō	s-ō-ng	song,	dol lar	dollar
ū	s-ū-n	sun,	Sun day	Sunday

Hold mouth position for simple vowel sounds time of two counts before uttering the consonant sounds, although explosive in utterance.

#### *Compound Vowel Sounds.*

ā	ā-c	ace	ā	f-ā-c	face,	la dy	lady
ē	ē-l	eel	ē	f-ē-l	feel,	he ro	hero
ī	ī-c	ice	ī	v-ī-n	vine,	ti dy	tidy
ō	ō-ld	old	ō	t-ō-ld	told,	sto ry	story, glory
ū	ū-s	use	ū	t-ū-n	tune,	Tues day	Tuesday

Hold mouth positions for compound vowel sounds time of two counts for the first part of the sound, quickly closing into the vanishing sounds, after which hold the facial positions time of two counts before uttering consonant sounds and words.

ä	ä-rt	art	ä	f-ä-rm	farm,	art ist	artist
ā	ā-ll	all	ā	b-ā-ll	ball,	al ways	always
â	âi-r	air	â	f-âi-r	fair,	fai ry	fairy
ē	ēr	err	ē	h-ēr	her,	ear nest	earnest

Hold mouth positions for vowel sounds time of three counts before uttering consonant sounds.

**SPECIAL PRACTICE.**

*Time Drill.*

*Consonants with Vowels.*

b	b-ōt	boat	b	b-ānd	band,	ban	ner	banner
c-k	c-āk	cake	c	c-āk	cake,	can	dy	candy
d	d-ēp	deep	d	d-āl	dale,	di	et	diet
f	f-ōl	fool	f	f-ām	fame,	fin	er	finer
g	g-ām	game	g	g-ōld	gold,	glo	ry	glory
h	h-ōm	home	h	h-ōld	hold,	ho	ly	holy
l	l-īp	lip	l	l-ōne	lone,	low	ly	lowly
m	m-āt	mat	m	m-ān	man,	Ma	ry	Mary
n	n-īp	nip	n	n-ōt	not,	noi	sy	noisy
p	p-īn	pin	p	p-ōle	pole,	po	ny	pony
qu	qu-ēn	queen	q	quōt	quote,	quick	ly	quickly
r	r-āp	rap	r	r-ēd	read,	rush	ing	rushing
s	s-īp	sip	s	s-ē	see,	sto	ry	story
t	t-īp	tip	t	t-ōl	tool,	ti	dy	tidy
v	v-ēx	vex	v	v-īm	vim,	vic	tor	victor
w	w-āx	wax	w	w-āv	wave,	win	ter	winter
x	ā-x	ax	x	w-āx	wax,	ax	is	axis
y	yē-t	yet	y	y-ēs	yes,	yon	der	yonder
z	z-ōn	zone	z	z-ōn	zone,	zig	zag	zigzag
ch	ch-īp	chip	ch	ch-ēp	cheap,	chil	ly	chilly
sh	sh-ād	shad	sh	sh-ēp	sheep,	sha	dy	shady
th	th-āt	that	th	th-ēm	them,	thick	ly	thickly
wh	wh-īch	which	wh	wh-īt	white,	whi	ter	whiter
ng	s-ōng	song	ng	b-āng	bang,	sing	er	singer
n-k	in-k	ink	nk	l-īn-k	link,	fin	ger	finger

To gain strength and flexibility hold mouth positions for the above consonant sounds while counting three before uttering the other sounds.



## DIACRITICAL MARKS.

## VOWELS.

- ă short as in ăt, hăt.  
 ā long as in āce, fāce.  
 ä Italian as in ärt, ärm.  
 å as in åsk, låst.  
 ą broad as in ąll, ąll.  
 ą like ǫ as in what, wąn, was.  
 â as in âir, câre.

## VOWELS.

- ě short as in ěnd, mět.  
 ē long as in ēve, mē.  
 ê like â as in thêir, hêir.  
 ě as in ěrmine, vĕrge.  
 e like ā as in eight, obey.

## VOWELS.

- ĩ short as in ĩll, pĩn.  
 ī long as in ĩce, fĩne.  
 ĩ as in bĩrd, vĩrgin, ĩrksome.  
 ĩ like ē as in pĩque, machĩne.  
 ỹ short like ĩ as in nỹmph, hỹmn.  
 ŷ long like ī as in flŷ, skŷ.

## DIACRITICAL MARKS.

## VOWELS.

- ǫ short as in ǫn, ǫdd, Gǫd.  
 ȯ long as in ȯld, nȯ, nȯte.  
 ȯ like ŭ as in sȯn, dȯve, ȯther.  
 ȳ like ȳȳ as in dȳ, mȳve, prȳve.  
 ȳ like ȳȳ as in wȳlf, wȳman.  
 ô like broad ă as in ôrder, fôrm.  
 ȳ short as in gȳod, bȳok, wȳol.  
 ȳȳ as in mȳȳn, fȳȳd, nȳȳn.

## VOWELS.

- ŭ short as in ŭs, tŭb, ŭp.  
 ū long as in ūse, tŭbe, tŭne.  
 ŭ as in ŭrge, bŭrn.  
 ȳ long preceded by *r* as in rȳde, rȳle.  
 ȳ like ȳȳ as in pȳt, bŭll, pŭsh.  
 ȳ is either a vowel as *any*, etc. ; or a consonant as *ye*, etc.

## REGULAR DIPHTHONGAL SOUNDS.

- oi* or *oy*, same sound unmarked as in oil, oyster.  
*ou* or *ow*, same sound as in out, owl.

## DIACRITICAL MARKS.

## CONSONANTS.

e hard like *k* as in eall, eat, can.

ç soft like *s* as in çede, çent, mercy.

ch unmarked as in child, touch, much.

eh hard like *k* as in echorus, echo, epoeh.

çh soft like *sh* as in çhaise, maçhine.

ġ hard as in ġet, ġame.

ġ soft like *j* as in ġem, engine, ġinger.

s sharp unmarked as in same, so, gas.

ſ soft or vocal like *z* as in has, is, prison.

th unmarked (whispered) as in think, path, truth.

th vocal as in that, thine, them.

ng unmarked as in long, singer, tongue, rang.

ñ with horizontal line under, like *ng* as in ñk, anger, lanġ.

ẋ like *gz* as in example, exact.

x like *ks* as in exercise.

ph like *f* unmarked as in phonics, seraphic, sylph.

qu like *kw* as in queen, quart, quantity.

wh like *hw* unmarked as in what, white, while.

zh as in vision, measure, treasure.

The diacritical marks used here are based on Webster's International Dictionary, published by G. & C. Merriam Company, Springfield, Mass.

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